

DODGE | SAUNDERS | WASHINGTON

Three Rivers Public Health Department

**2022 Community Health
Improvement Plan**



September 2022

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Executive Summary

We are pleased to present the 2022 Dodge, Saunders, and Washington County Community Health Improvement Plan. Three Rivers Public Health Department, Methodist Fremont Health, Memorial Community Hospital & Health System, and Saunders Medical Center have engaged in a collaborative process of assessing our communities' needs to inform the decision-making process.

With the input of stakeholders and partner organizations from each county, our community has prioritized the following strategic issues that will be the focus of our collaborative efforts over the next three years.

Dodge County		Washington County		Saunders County	
Issue 1	Lack of Diversity, Equity, and Inclusion within Healthcare	Issue 1	Behavioral Health	Issue 1	Behavioral Health
Issue 2	Behavioral Health	Issue 2	Access to Healthcare	Issue 2	Physical Activity/Obesity
Issue 3	Barriers to Care	Issue 3	Senior Wellbeing	Issue 3	Lack of Health Education and Collaborations
Issue 4	Unhealthy Lifestyles	Issue 4	Youth Wellbeing	Issue 4	Lack of Access to Health Services
Issue 5	Affordable Housing	Issue 5	Lack of Awareness & Affordable Wellness Opportunities		
		Issue 6	Obesity		

This plan provides the rationale behind the prioritization of strategic issues and the goals, strategies, resources, and performance measures that Three Rivers Public Health Department will utilize to help improve the health of each of the counties in our jurisdiction.

This plan is also meant as a tool for our hospital partners and community organizations to help guide the work they are doing. Although hospital partners and community organizations may use different strategies to address these health issues, the community will be working towards the same goals. Through collaboration and evidence-based practices we will strive to improve the health of all who live, work, and play in our communities.

Progress updates and additional resource information will be added to this plan and published to the Three Rivers Public Health Department webpage (threeriverspublichealth.org) on a quarterly basis. In addition, an annual report will be produced that shows progress on plan implementation.

Background data for each priority area can be found in the Three Rivers Public Health Department Community Health Assessment, available on the Three Rivers Public Health Department's website at www.threeriverspublichealth.org.

Acknowledgements

Every three years, Three River Public Health Department (3RPHD) in collaboration with partners Methodist Fremont Health, Memorial Community Hospital & Health System, and Saunders Medical Center completes a Community Health Assessment (CHA) which then informs a Community Health Improvement Plan (CHIP) for Dodge, Washington, and Saunders counties in eastern Nebraska. This project was made possible through grant funding from the State of Nebraska Department of Health and Human Services, Division of Public Health, Office of Community Health.

To start the assessment process 3RPHD formed a CHA/CHIP Steering Committee to help guide the process. The committee included members from each county served by 3RPHD and each of the collaborating hospitals. We would like to thank all the CHA/CHIP Steering Committee members for their hard work and guidance.

Steering Committee Members

Jill Gossett- Methodist Fremont Health

Shawn Shanahan- Methodist Fremont Health

Laura Willey- Memorial Community Hospital

Stacie Sabatka- Saunders Medical Center

Scott Jensen- Fremont Public Schools

Kristen Fagan- Dodge County Head Start

Dan Douglas- Washington County- Emergency Management Agency

Bob Reynolds- Dodge County Sheriff

Amber Pelan- Saunders County Youth Services

Theresa Klein- Wahoo Chamber of Commerce

Michelle Padilla- Fremont Family Coalition

Rossana Jaeger- Fremont Family Coalition

Terra Uhing- Three Rivers Public Health Department

Greg Moser- Three Rivers Public Health Department

Evelyn Martinez- Three Rivers Public Health Department

In addition, 3RPHD deployed an online Community Health Survey. A survey with various health related questions was administered to individuals who live and work in Dodge, Washington, and Saunders counties to learn what community members saw as the most important health issues to address. The CHA/CHIP process was made possible through subaward funding from the State of Nebraska Department of Health and Human Services, Division of Public Health, Office of Community Health. Memorial Community Hospital & Health System also provided \$600 in gift cards as incentive for individuals to complete the survey.

We would like to thank Makayla Schissel, Data Analyst who assembled the CHA and presented the data at each of the community CHIP meetings and Lynne Lange with Mission Matters who facilitated each of the community CHIP meetings.



Three Rivers Public Health Department Overview

Our Mission:

Three Rivers Public Health Department's Mission is to empower and educate families while promoting healthy living for the improvement of our communities.

Our Vision:

Three Rivers Public Health Department's Vision is that in cooperation with our communities, we will always be compassionate and respectful in all our public health endeavors.

3RPHD STAFF	TITLE
Terra Uhing	Executive Director
Greg Moser	Associate Public Health Director
Sofia Toben	Manager of Business Operations
Seth Weldon	Manager of Clinical Services
Robin Simanek	Disease Surveillance Coordinator
Katie Schultis	Environmental Health Coordinator
Caleb Kuddes	Emergency Response Coordinator
Evelyn Martinez	Community Health Worker
Anne Garinger	Health Educator
Alexa Uriostigue	Office Assistant
Jadynn Morris	Public Health Nurse
Coartney DiGiorgio	Health Educator/Safe Kids Coordinator
Luz Mejia-Cruz	Receptionist
Anna Saville	Public Health Nurse
Reina Muro	Administrative Assistant
Gabriela Felipe	Receptionist
Oscar Garcia	Health Educator

BOARD MEMBER	ROLE	REPRESENTATION
Steve Dethlefs	Board Chair	Washington County
Dr. Angela Sukstorf	Physician	Dodge County
Dr. Adam Lamprecht	Dentist	Dodge County
Doug Backens	Dodge County Board of Supervisors	Dodge County
Mary Le Arneal	Public-Spirited Individual	Dodge County
Mark Powell Sr.	Public-Spirited Individual	Saunders County
Ryan Bojanski	Public-Spirited Individual	Dodge County
Stacy Sabatka	Public-Spirited Individual	Saunders County
Scott Sukstorf	Saunders County Board of Supervisors	Saunders County
Linda Wardell	Vice Chairperson	Washington County
Cathi Sampson	Secretary	Washington County

402-727-5396
www.threeriverspublichealth.org
 2400 North Lincoln Avenue, Fremont, NE

Demographic Characteristics

Overview

Population (2020 estimate)^a	78,467 (State: 1,961,504)
Population Change (2010-2021)^b	5.2% (State: 7.3%)
Persons in Poverty (2020)^a	8.3% (State: 10.4%)
Rural Population^c	45.1% (State: 25.5%)
Minority Population^a	9.3% (State: 21.7%)
Total Land Area^d	1,667.96 sq. miles (State: 76,817.87 sq. miles)

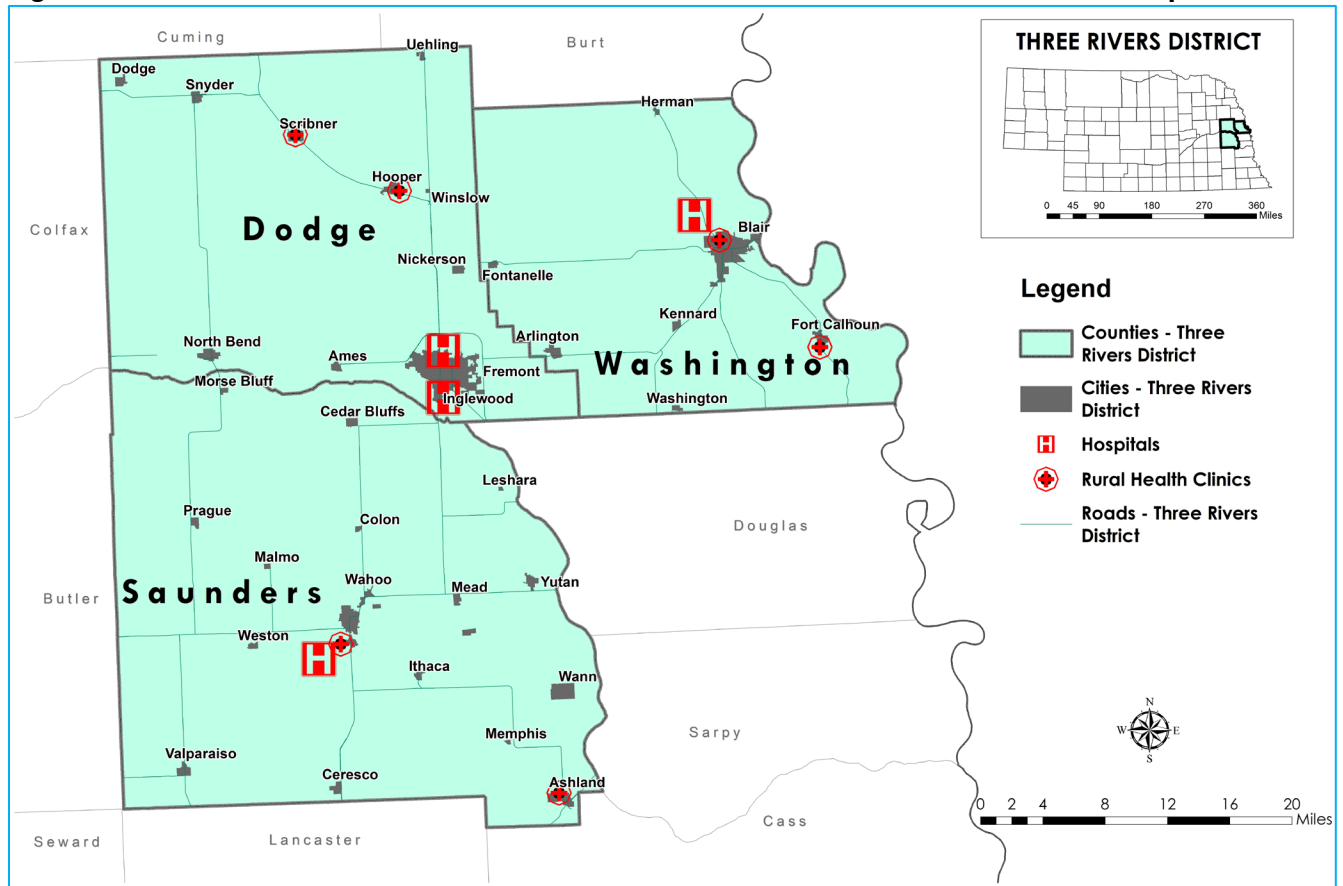
^a: U.S. Census/American Community Survey 5-Year Estimates (2020).

^b: www.usafacts.org (2022)

^c: Census Population Estimates (2010).

^d: www.census.gov/quickfacts (2022)

Figure 1: Location of Three Rivers District, Counties, Cities, Rural Health Clinics and Hospitals



Sources: TIGER/Line Shapefiles - Census Bureau. Nebraska Department of Health and Human Services (location of hospitals and rural health clinics), 2018.

Community Health Improvement Process

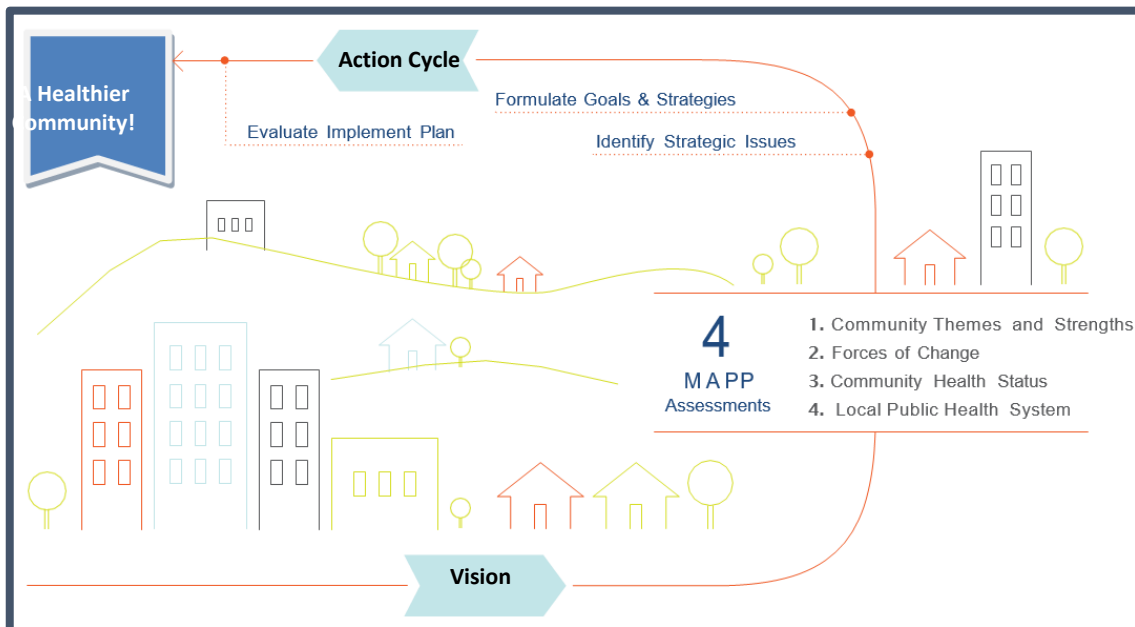
Improving community health is a task that cannot be accomplished by any one organization alone. The purpose of the CHIP is to identify how to strategically and collaboratively address community priority issues to improve the health and well-being of the community. The CHIP provides a blueprint for how organizations can look beyond their individual work and priorities to collaborate on addressing the health issues that were mutually agreed upon.

There are many benefits to having a collaborative CHIP including:

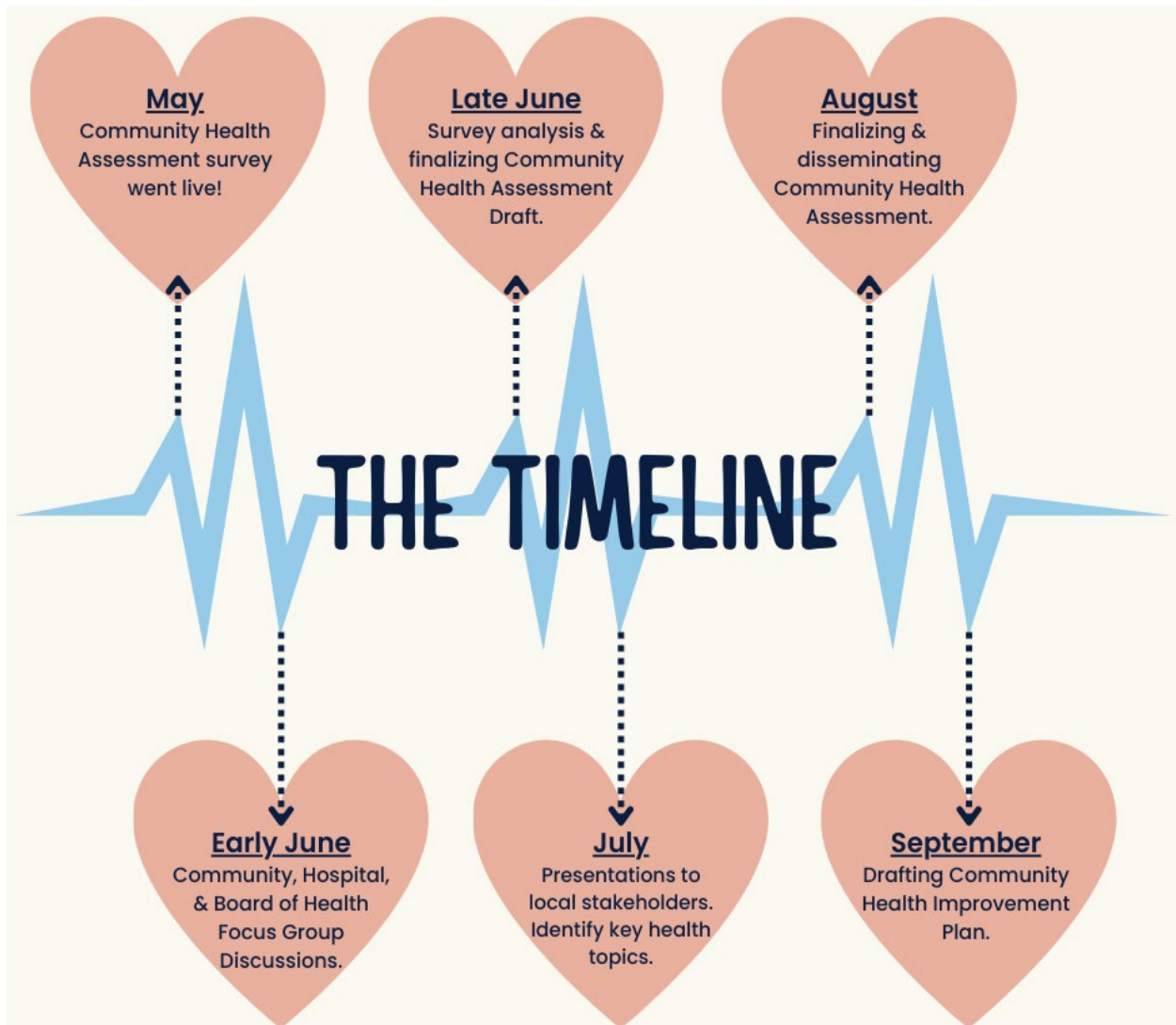
- Collective impact to improve community health
- Sharing of best practices, lessons learned, and successes
- Efficient use of resources
- Increased awareness of the efforts and programs in the community

Steps of the CHIP Process

1. A CHA/CHIP Steering Committee was formed to help guide the CHIP process. The committee included members from each county served by 3RPHD and each of the collaborating hospitals.
2. Data on many different health issues and socioeconomic factors are compiled for the CHA using a variety of local, state, and national data sources.
3. To better understand the health perspectives of those who live in the 3RPHD District, four assessments were administered throughout the three counties.
4. A community meeting was held in each county where the CHA data was presented, and a facilitated discussion was held to identify priority health needs to be addressed over the next three years.
5. The prioritized health issues for each county are included in the 3RPHD CHIP along with specific objectives and strategies for addressing the prioritized health issues.



CHA/CHIP Timeline



Community Health Improvement Meetings

Three Rivers Public Health Department is committed to making the CHIP a community-driven process. As a part of this endeavor, Three Rivers Public Health Department solicited valued input from stakeholders in the three counties for which they provide services. Key individuals from Dodge, Saunders, and Washington counties engaged in facilitated conversations at meetings in each of the three counties. These meetings helped select the priority health issues that inform the direction of the CHIP, and to ultimately improve the health of all people who live, work, and play in the Three Rivers Public Health district. Lynne Lange from Mission Matters facilitated the conversations.

Facilitated Conversations:

- July 20, 2022: Saunders County Medical Center, Wahoo - 2:00-5:00 (Saunders County)
- July 27, 2022: Memorial Community Hospital, Blair - 9:00-12:00 (Washington County)

- July 27, 2022: Methodist Fremont Health, Fremont - 2:00-5:00 (Dodge County)

Data presentation:

Each meeting began with a welcome from Greg Moser, Associate Public Health Director for Three Rivers Public Health Department. This was followed by a data presentation by Makayla Schissel, contracted Data Analyst. The information that was shared provided an overview of the CHA, with the goal of informing individuals about the health status of the population within the district. Data was viewed with the aim of educating and mobilizing communities to improve the health of their population.

The **focus question** for the facilitated conversations was as follows:

- Based on our community assessments, what health topics will we choose to focus on over the next three years to improve the health of all who live, work, and play in our communities?

The **Rational Aim** was to confirm primary areas of focus/strategic issues.

The **Experiential Aim** centered around creating a sense of shared purpose and communal responsibility for the wellbeing of Three Rivers Public Health Department.

CHIP Implementation Process

The CHIP will be conducted over the next three years, from January 2023 to December 2025. It will be jointly implemented through collaboration between public health, hospitals, schools, and community organizations in the Three Rivers Public Health Department district.

The COVID-19 pandemic showed us there are myriad opportunities to strengthen our public health system. With these opportunities come challenges due to various socioeconomic factors. To take advantage of opportunities and face these challenges, 3RPHD will need to collaborate with partners and stakeholders to ensure the plan is successful.

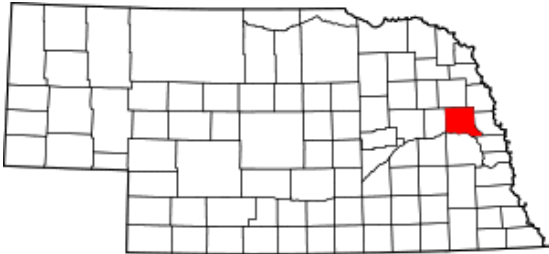
CHIP implementation groups will be formed in Dodge, Washington, and Saunders County to carry out the strategies to address the prioritized health issues. Every strategy utilized will be implemented with a focus on health equity, with the aim of eliminating health disparities to improve the health of every individual in the 3RPHD district.

To address the health issues strategically, the county implementation groups will select two health topics to focus on in the first year of plan implementation. The strategies utilized in the plan to address each health topic will be monitored quarterly to ensure progress is being made and to determine if quality improvement initiatives are needed to achieve success. While this plan illustrates the choice of a few key priorities, it is recognized that there are other health issues to address in subsequent years, many current efforts already occurring, and ongoing opportunities to partner for optimal success.

The following sections illustrate the health topics that were prioritized in each county.

Dodge County Priorities and Objectives


DODGE COUNTY



Strategic Issue Prioritization


Dodge County: Identified Health Topics

1 LACK OF DIVERSITY, EQUITY, & INCLUSION IN HEALTHCARE



1 in 3 individuals who took the Minority Health Assessment Survey responded by saying "Access to Healthcare" is a top health concern.


2 BEHAVIORAL HEALTH



... of individuals affiliated with Dodge County who took the Community Health Assessment (CHA) Survey felt that "Mental Health Problems" are a top health issue in their community.

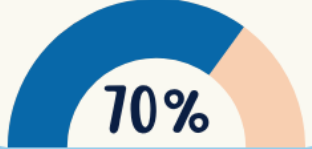
3 BARRIERS TO CARE

Lack of transportation to appointments was repeatedly addressed during Dodge County community and hospital focus group discussions.




4 UNHEALTHY LIFESTYLES

70% of adults 18 or older in the 3RPHD health district are overweight or obese. (BRFSS 2020)



5 AFFORDABLE HOUSING

39% of individuals affiliated with Dodge County who took the CHA survey responded by saying "Affordable Housing" is of the top 3 most important factors that make up a healthy community.



Note: Numerous data sources were utilized to develop this infographic. All data sources are included in the 2022 Community Health Needs Assessment at threeiverspublichealth.org

Issue 1: Behavioral Health

Objective: Three Rivers Public Health Department will increase assess to behavioral health services by reducing the stigma of seeking help for behavioral health issues in Dodge County.	
Strategies	Measures
Partner with stakeholders to share consistent messages focused on behavioral health as a part of overall health	Number of individuals reached with the public awareness campaign
Implement a public awareness campaign educating the community about behavioral health as a medical condition	Increased awareness of mental health services
Educate community about confidential behavioral health services in the area	Reduce the suicide rate (Target of 12.8 per 100,000 for Healthy People 2030)
	Increased number of patients being screened for depression using a validated tool patient health questionnaire
Time Frame	Organization(s) responsible
October 1, 2022 to December 31, 2023	3RPHD, Dodge County CHIP Implementation group, Methodist Fremont Health, Area behavioral health providers
Resources	
https://blog.globalwebindex.com/marketing/mental-health/ https://www.samhsa.gov/prevention-week https://www.thecommunityguide.org/ https://health.gov/healthypeople https://www.nimh.nih.gov/health/statistics	

Objective 2: Three Rivers Public Health Department will identify gaps in behavioral health services being offered in the health district and barriers for individuals to access current mental health services.	
Strategies	Measures
Research current health and social services being offered and identify health issues, geographic locations, priority populations, etc. that are lacking services	Completed gap analysis
Collect information from residents about what services they feel are missing and the barriers they experience to accessing the current programs and services	Top barriers identified by residents to accessing mental health services
Time Frame	Organization(s) responsible
October 1, 2022 to December 31, 2023	3RPHD, Dodge County CHIP Implementation group, Methodist Fremont Health, Area behavioral health providers
Resources	
https://blog.globalwebindex.com/marketing/mental-health/ https://www.samhsa.gov/prevention-week https://www.thecommunityguide.org/ https://health.gov/healthypeople https://www.nimh.nih.gov/health/statistics	

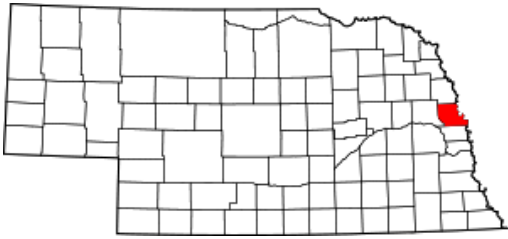
Issue 2: Unhealthy Lifestyles/Obesity

Objective 1: Three Rivers Public Health Department will promote healthy living for individuals with a chronic health condition in Dodge County.	
Strategies	Measures
Promote and recruit individuals for the Living Well chronic disease self-management program	# of individuals enrolled in the Living Well chronic disease self-management program
Work with health care providers to increase referrals into the Living Well chronic disease self-management program	# of individuals enrolled who were referred by a health care provider
Share success stories for those who have completed the Living Well chronic disease self-management program	Success Stories documented on 3RPHD webpage
Time Frame	Organization(s) responsible
October 1, 2022 to December 31, 2023	3RPHD, Dodge County CHIP implementation group, Fremont Methodist Health, Area YMCA or fitness facilities, Dodge County Extension, area schools
Resources	
https://www.thecommunityguide.org/ https://health.gov/healthypeople https://www.heart.org/en/	

Objective 2: Three Rivers Public Health Department will implement prevention strategies to address chronic diseases in Dodge County.	
Strategies	Measures
Increase access to healthy food and access to nutrition and food preparation education	Reduce the proportion of adults who are obese (Target of 36% for Healthy People 2030)
Develop and utilize consistent messaging around healthy living	Reduce the proportion of adults with high blood pressure (Target of 29.5% for Healthy People 2030)
Work with providers to ensure that patients are up to date on basic screenings and discuss referral options with the patient if needed	Reduce the annual number of new cases of diagnosed diabetes in the population (Target of 5.6 new cases per 1,000 aged 18 to 84 years for Healthy People 2030)
Time Frame	Organization(s) responsible
October 1, 2022 to December 31, 2023	3RPHD, Dodge County CHIP implementation group, Fremont Methodist Health, Area YMCA or fitness facilities, Dodge County Extension, area schools
Resources	
https://www.thecommunityguide.org/ https://health.gov/healthypeople https://www.heart.org/en/	

Washington County Priorities and Objectives

WASHINGTON COUNTY



Strategic Issue Prioritization

Washington County: Identified Health Topics

<p>1 BEHAVIORAL HEALTH</p> <p>31% of individuals affiliated with Washington County who took the Community Health Assessment (CHA) Survey felt that "Mental Health Problems" are a top health issue in their community.</p> <p>31%</p>	<p>2 ACCESS TO HEALTHCARE</p> <p>There is 1 provider for every 2,300 persons in Washington County. <small>(County Health Rankings 2019)</small></p> <p>Heart icon</p>	<p>3 SENIOR WELLBEING</p> <p>18% of Washington County's population is 65 or older. Lack of senior centers was a concern during focus group discussions. <small>(U.S. Census/American Community Survey 2020)</small></p> <p>18%</p>
<p>4 YOUTH WELLBEING</p> <p>2 out of 3 eighth graders in the 3RPHD health district reported they have experienced bullying. <small>(NRPFSS 2019)</small></p> <p>Icon of three people</p>	<p>5 LACK OF AWARENESS & AFFORDABLE WELLNESS OPPORTUNITIES</p> <p>43% of individuals affiliated with Washington County who took the CHA Survey felt that "Recreation Facilities" are needed to improve community health.</p> <p>43%</p>	<p>6 OBESITY</p> <p>35% of adults 18 or older in the 3RPHD health district are obese. <small>(BRFSS 2020)</small></p> <p>35%</p>

Note: Numerous data sources were utilized to develop this chart. All data sources are included in the 2022 Community Health Needs Assessment at threeriverspublichealth.org

Issue 1: Behavioral Health

Objective: Three Rivers Public Health Department will increase access to behavioral health services by reducing the stigma of seeking help for behavioral health issues in Washington County.	
Strategies	Measures
Partner with stakeholders to share consistent messages focused on behavioral health as a part of overall health	Number of individuals reached with the public awareness campaign
Implement a public awareness campaign educating the community about behavioral health as a medical condition	Increased awareness of mental health services
Educate community about confidential behavioral health services in the area	Reduce the suicide rate (Target of 12.8 per 100,000 for Healthy People 2030)
	Increased number of patients being screened for depression using a validated tool patient health questionnaire
Time Frame	Organization(s) responsible
October 1, 2022 to December 31, 2023	3RPHD, Washington County CHIP implementation group, Memorial Community Hospital and Health System, Area behavioral health providers
Resources	
https://blog.globalwebindex.com/marketing/mental-health/ https://www.samhsa.gov/prevention-week https://www.thecommunityguide.org/ https://health.gov/healthypeople https://www.nimh.nih.gov/health/statistics	

Objective 2: Three Rivers Public Health Department will identify gaps in behavioral health services being offered in the health district and barriers for individuals to access current mental health services.	
Strategies	Measures
Research current health and social services being offered and identify health issues, geographic locations, priority populations, etc. that are lacking services	Completed gap analysis
Collect information from residents about what services they feel are missing and the barriers they experience to accessing the current programs and services	Top barriers identified by residents to accessing mental health services
Time Frame	Organization(s) responsible
October 1, 2022 to December 31, 2023	3RPHD, Washington County CHIP implementation group, Memorial Community Hospital and Health System, area behavioral health providers
Resources	
https://blog.globalwebindex.com/marketing/mental-health/ https://www.samhsa.gov/prevention-week https://www.thecommunityguide.org/ https://www.nimh.nih.gov/health/statistics	

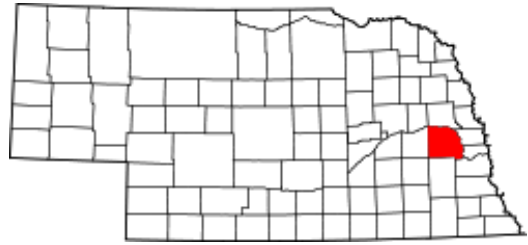
Issue 2: Unhealthy Lifestyles/Obesity

Objective 1: Three Rivers Public Health Department will promote healthy living for individuals with a chronic health condition in Washington County.	
Strategies	Measures
Promote and recruit individuals for the Living Well chronic disease self-management program	# of individuals enrolled in the Living Well chronic disease self-management program
Work with health care providers to increase referrals into the Living Well chronic disease self-management program	# of individuals enrolled who were referred by a health care provider
Share success stories for those who have completed the Living Well chronic disease self-management program	Success Stories documented on 3RPHD webpage
Time Frame	Organization(s) responsible
October 1, 2022 to December 31, 2023	3RPHD, Washington County CHIP implementation group, Memorial Community Hospital and Health System, area YMCA or fitness facilities, Washington County Extension, area schools
Resources	
https://www.thecommunityguide.org/ https://health.gov/healthypeople https://www.heart.org/en/	

Objective 2: Three Rivers Public Health Department will implement prevention strategies to address chronic diseases in Washington County.	
Strategies	Measures
Increase access to healthy food and access to nutrition and food preparation education	Reduce the proportion of adults who are obese (Target of 36% for Healthy People 2030)
Develop and utilize consistent messaging around healthy living	Reduce the proportion of adults with high blood pressure (Target of 29.5% for Healthy People 2030)
Work with providers to ensure that patients are up to date on basic screenings and discuss referral options with the patient if needed	Reduce the annual number of new cases of diagnosed diabetes in the population (Target of 5.6 new cases per 1,000 aged 18 to 84 years for Healthy People 2030)
Time Frame	Organization(s) responsible
October 1, 2022 to December 31, 2023	3RPHD, Washington County CHIP implementation group, Memorial Community Hospital and Health System, area YMCA or fitness facilities, Washington County Extension, area schools
Resources	
https://www.thecommunityguide.org/ https://health.gov/healthypeople https://www.heart.org/en/	

Saunders County Priorities and Objectives


Saunders County



Strategic Issue Prioritization

Saunders County: Identified Health Topics

1 BEHAVIORAL HEALTH



... of individuals affiliated with Saunders County who took the Community Health Assessment (CHA) Survey felt that "Mental Health Services" are needed to improve health in the community.

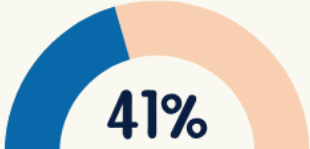
2 PHYSICAL ACTIVITY/OBESITY

1 in 3 individuals affiliated with Saunders County who took the CHA survey responded with "Lack of Physical Activity" as a top health concern in the community.




3 LACK OF HEALTH EDUCATION & COLLABORATIONS

41% of individuals affiliated with Saunders County who took the CHA Survey felt that "Wellness Services" are needed to improve health and health education in the community.



4 LACK OF ACCESS TO HEALTH SERVICES

Lack of transportation to appointments was repeatedly addressed during hospital focus group discussions and stakeholder meeting.



Note: Numerous data sources were utilized to develop this infographic. All data sources are included in the 2022 Community Health Needs Assessment at threeiverspublichealth.org

Issue 1: Behavioral Health

Objective: Three Rivers Public Health Department will increase access to behavioral health services by reducing the stigma of seeking help for behavioral health issues in Saunders County.	
Strategies	Measures
Partner with stakeholders to share consistent messages focused on behavioral health as a part of overall health	Number of individuals reached with the public awareness campaign
Implement a public awareness campaign educating the community about behavioral health as a medical condition	Increased awareness of mental health services
Educate community about confidential behavioral health services in the area	Reduce the suicide rate (Target of 12.8 per 100,000 for Healthy People 2030)
	Increased number of patients being screened for depression using a validated tool patient health questionnaire
Time Frame	Organization(s) responsible
October 1, 2022 to December 31, 2023	3RPHD, Saunders County CHIP Implementation group, Saunders Medical Center, area behavioral health providers
Resources	
https://blog.globalwebindex.com/marketing/mental-health/ https://www.samhsa.gov/prevention-week https://www.thecommunityguide.org/ https://health.gov/healthypeople https://www.nimh.nih.gov/health/statistics	

Objective 2: Three Rivers Public Health Department will identify gaps in behavioral health services being offered in the health district and barriers for individuals to access current mental health services.	
Strategies	Measures
Research current health and social services being offered and identify health issues, geographic locations, priority populations, etc. that are lacking services	Completed gap analysis
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Resources	
https://blog.globalwebindex.com/marketing/mental-health/ https://www.samhsa.gov/prevention-week https://www.thecommunityguide.org/ https://www.nimh.nih.gov/health/statistics	

Issue 2: Unhealthy Lifestyles/Obesity

Objective 1: Three Rivers Public Health Department will promote healthy living for individuals with a chronic health condition in Saunders County.	
Strategies	Measures
Promote and recruit individuals for the Living Well chronic disease self-management program	# of individuals enrolled in the Living Well chronic disease self-management program
Work with health care providers to increase referrals into the Living Well chronic disease self-management program	# of individuals enrolled who were referred by a health care provider
Share success stories for those who have completed the Living Well chronic disease self-management program	Success Stories documented on 3RPHD webpage
Time Frame	Organization(s) responsible
October 1, 2022 to December 31, 2023	3RPHD, Saunders County CHIP implementation group, Saunders Medical Center, Area YMCA or fitness facilities, Saunders County Extension, area schools
Resources	
https://www.thecommunityguide.org/ https://health.gov/healthypeople https://www.heart.org/en/	

Objective 2: Three Rivers Public Health Department will implement prevention strategies to address chronic diseases in Saunders County.	
Strategies	Measures
Increase access to healthy food and access to nutrition and food preparation education	Reduce the proportion of adults who are obese (Target of 36% for Healthy People 2030)
Develop and utilize consistent messaging around healthy living	Reduce the proportion of adults with high blood pressure (Target of 29.5% for Healthy People 2030)
Work with providers to ensure that patients are up to date on basic screenings and discuss referral options with the patient if needed	Reduce the annual number of new cases of diagnosed diabetes in the population (Target of 5.6 new cases per 1,000 aged 18 to 84 years for Healthy People 2030)
Time Frame	Organization(s) responsible
October 1, 2022 to December 31, 2023	3RPHD, Saunders County CHIP implementation group, Saunders Medical Center, area YMCA or fitness facilities, Saunders County Extension, area schools
Resources	
https://www.thecommunityguide.org/ https://health.gov/healthypeople https://www.heart.org/en/	

Performance Monitoring, Evaluation, and Reporting

An annual report will evaluate progress made in implementing CHIP strategies and consider the feasibility and effectiveness of the strategies and/or changing priorities, resources, or community assets. This report will rely on input from our CHA/CHIP steering committee as well as CHIP implementation workgroups.

This report will include a review of progress made on strategies based on established performance measures. In addition, the report will include a description of the activities/progress linked to the defined health indicators (data), while keeping in mind that it may take several years to show measurable progress in these health indicators. If there has been no progress, 3RPHD will report that no progress has been made to date and will further explain what needs to occur in response to this. Options will include: 1) monitor and make no changes; 2) monitor and implement the recommended changes; 3) refer to quality improvement initiatives for intervention; or 4) delete the activity indefinitely.

Following the completion of the Annual Report, 3RPHD revises and updates the plan at least annually, and more often as evaluation results become available. The revisions can be in the health priorities, objectives, improvement strategies, performance measures, timeframes, targets, or health-outcome indicators listed in the plan. Revisions may be based on achieved performance measures, implemented strategies, changing health status indicators, newly developing or identified health issues, and changing levels of resources or funding.

The revised/updated plan will then be presented in a manager's meeting and to the 3RPHD Board of Health each year. The Board of Health is invited to give any additional input to the plan on an as-needed basis. Updating the plan and presenting the plan to the Board of Health is the responsibility of both the Associate Public Health Director and the Executive Director. When changes are made, updated plan versions are posted to the 3RPHD website at: www.threeriverspublichealth.org.